



# 2018

## ANNUAL REPORT



[www.thecenterlistens.org](http://www.thecenterlistens.org)



## **Our Mission**

To provide accessible professional counseling, psychological and psychiatric services to promote the physical, emotional, social, and spiritual well-being of individuals in our community who turn to us for help.

## **Board of Directors**

Becky Hampton, President  
Jeff Penland, Vice-President  
Bill Cook, Treasurer  
Tama Wagner, Secretary  
Chris Connally  
Terry Hall  
Janice Heier  
Reina Long  
Jeanine Riddle  
Jackie Ross  
Jane Schwabe, MD  
Leanna VanZandt Nauman

## **Our Professionals**

Carolyn Paden, RN, BSN, MBA, FABC, *Executive Director*  
Dr. James Jura, *Medical Director*  
Susan Shuman, Psychologist, PsyD, *Clinical Coordinator*  
Dr. Alan Kesten, Psychologist, PhD  
Laura Willoughby - Psychiatric Nurse Practitioner  
Carole Scott, MSW, LCSW, CADC  
Ronald Carter, MSW, LCSW  
Rebecca Clymore, MSW, LCSW  
Tiffany, Chaney, LMSW  
Christy Hendrix, LPN

## **Our Leadership Staff**

Carolyn Paden, RN, BSN, MBA, FABC, *Executive Director*  
Debi O'Neal, *Office Manager*  
Becky Davison, *Director of Development*



*The CENTER is a Partner Agency of The United Way of Greater St. Joseph and Accredited by The Samaritan Institute.*



## **From the Board President**

I have been blessed to be a board member at The CENTER for more than five years. In that time, I've seen some highs and lows. The highs come from hearing about the success stories of those who come to The CENTER for outpatient mental health services, when often it is one's last resort.

The majority those who come to The CENTER are underinsured or uninsured. Serving this population is a financial burden for The CENTER, but a very necessary service for the community. Otherwise, our most vulnerable members of our community would not receive the care they need.

It's an exciting time for The CENTER. Carolyn Paden, Executive Director, and her leadership team are positioning The CENTER for financial stability for the first time in the organization's history. Financial stability not only leads to a positive bottom line, but also sets the stage for growth. In today's mental health climate, growth and expansion are the exception, not the rule. Yet The CENTER's leadership is looking to add various services and additional providers to address the growing mental health needs of our community. I'm excited to see what the future holds.

We are blessed with a dedicated staff, board, clients and community support. We look forward to a prosperous 2019 and thank you for your support in 2018.

Sincerely,

Becky Hampton, Board President



# Our Services

The CENTER has been serving the greater St. Joseph community since 1986. We offer a multi-disciplinary approach to mental health services including:

- Mental health assessments
- Professional counseling
- Medication management
- Autism testing
- Psychological testing
- Faith-based collaborative care
- Substance abuse treatment
- EAP counseling

Served the St. Joseph Community with

# \$469,530

In unreimbursed care

Financial Aid

# 38%

of sessions required financial assistance

Total Session Provided

# 8,140

## 2018 FINANCIAL HIGHLIGHTS

### INCOME

Fee for Services	\$635,645
Community Support	\$253,872
Miscellaneous	\$16,684
<b>TOTAL INCOME</b>	<b>\$906,201</b>

### EXPENSES

Program Expenses	\$765,851
Operating Expenses	\$77,994
Misc.	\$40,337
<b>TOTAL EXPENSES</b>	<b>\$884,182</b>

**Net Income** **\$22,019**



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# Meet Our New Providers



**Rebecca Clymore  
MSW, LCSW**

Rebecca is a Licensed Clinical Social Worker with more than 25 years of experience in helping clients lead happier, more productive lives. She has a wide variety of practice experience and works primarily with people who are struggling with depression, anxiety and panic, life stress and difficulty coping, trauma-related issues, grief and loss, LGBT issues, family and work stress and problems managing anger. She works with clients age 16 and older.

*"My approach is to develop a caring, supportive partnership with respect for the client's experience and their journey. They often hold more wisdom than they realize and just need the support and encouragement of a trusted helper to make changes and live a happier, more productive life," says Rebecca.*

Tiffany is a licensed therapist with a Master's Degree in Social Work. She specializes in dual diagnosis treating both behavioral/mental health, and substance abuse disorders. She is also a certified Medication Awareness Recovery Specialist (MARS). Tiffany is the proud mother of a rambunctious four-year-old and a Yorkie fur baby. She teaches third-fifth grade Sunday school and is a Kansas City Chiefs fan.



**Tiffany Chaney,  
LMSW**

*"I have experienced my fair share of chronic physical health conditions, trauma, and tragedies. Through my own experiences and education, I have been able to have a good, healthy life and I want to help others to have the same outcome," says Tiffany.*

## Good Samaritan Honors

The Good Samaritan Honors are awarded to individuals, groups or organizations who do more than society expects from them as they strive to make our community a better place. The CENTER seeks to provide a positive message about the impact of a small good deed and the effect it can have on the lives of others.

**Thursday, April 30, 2020, 11:30-1 pm, MWSU, Blum Room 218-219**

Register or submit a nomination at [www.facebook.com/CENTERListens.com](http://www.facebook.com/CENTERListens.com) OR [www.thecenterlistens.org](http://www.thecenterlistens.org)



[www.thecenterlistens.org](http://www.thecenterlistens.org)



# Autism Testing Debuts at The CENTER



*(pictured left to right) Dr. Steve Kanne, Executive Director at the Thompson Center; Susan Shuman, The CENTER Psychologist; and Kourtney Christopher, Autism Specialist at the Thompson Center. Kanne and Christopher are part of the hub team for ECHO Autism.*

Susan Shuman, psychologist at The CENTER, provides autism and ADHD testing, and she is the first psychologist in Northwest Missouri to conduct autism testing through the University of Missouri Thompson Center for Autism & Neurodevelopmental Disorders. Shuman receives referrals from local pediatricians and school professionals to test children as young as age three for autism and associated disorders.

The autism testing program was funded by a grant from the United Way of Greater St. Joseph's Community Investment Fund. Dr. Shuman surpassed her first year goal of 30 referrals in only a few months, and ended the year with 63 referrals and 21 children completed the autism testing program.

According to the National Autism Association, autism is the fastest growing developmental disorder, yet most underfunded. ECHO Autism, a division of the University of Missouri's Thompson Center, is a virtual learning network of providers offering real-time access to autism and behavioral experts. This innovative system allows professionals and caregivers to increase their confidence in identifying and treating autism and expand their knowledge about treatments and solutions.

## Did You Know?

- The CENTER has more than 8,500 patients.
- 22% of our patients have Medicare or Medicaid.
- The majority of our patients are age 21-50.
- 17% of our patients are under age 20.
- Our top two diagnoses are depression and anxiety.
- 94% of our clients would recommend The CENTER to others.



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Samaritan Counseling Center, Inc.  
902 Edmond St Suite 203  
Saint Joseph, MO 64501

## ***A Special Thank You to Our 2018 Major Donors***

United Way of Greater St. Joseph

City of St. Joseph

Buchanan County

Mosaic Life Care

Community Development Block Grant

## **Connect With Us**

**(816) 364-4300**

902 Edmond, Suite 203 | St. Joseph, MO 64501

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